

Professional Education and Development (PED) Course 2021

A personal development, resilience and leadership course run for GPs by GPs

Our course aims to help you achieve your goals and improve your life as you ride the roller-coaster of general practice. The course will motivate you and develop your resilience and leadership skills.

PED is aimed at GPs in the Health Education England (HEE) North West area who have a regular (non-locum) position at a practice be it as a partner or salaried.

The course is based around group work, with some individual work between sessions. It is particularly useful for those who have a leadership or educational role or are interested in developing those areas, or for GPs new to practice. Whether you have two or twenty-two years experience in general practice, we have something to offer.

PED is usually spread over two years with three three-day residential modules in the Lake District and three face to face study days in Manchester. We have continued the PED programme throughout the Covid pandemic using virtual Zoom study days. Depending on guidance we can transfer between the two approaches as needed.

The tutors are practising GPs with an interest in education and the course is supported with a handbook and a SharePoint site with background reading. Written work is around personal education planning, practice development planning and critical incident analysis.

Successful completion of the PED course and the academic assignments earns an award of a Postgraduate Certificate in Clinical Practice,

Management and Education (CPME) from the University of Central Lancashire (UCLan). There is also, a variety of additional modules allowing flexible progression to a Postgraduate Diploma or an MSc These include the optional leadership module that is linked to PED.

Some quotes from previous participants:

"Excellent course, empowering, confidence and morale building"

"This course will benefit all GPs, clinicians and I suspect most professional people – why not expand!"

"I came thinking of retirement and left energised"

"Gives insight into lifelong professional development"

"The best course or educational activity in my whole life"

"An opportunity to step back from my practice"

"I have gained friends, support, confidence, direction and academic challenge"

Want to know more?

For further information contact Hannah and Stephanie at the Primary Care School or you can email one of the tutors primarycareschool.nw@hee.nhs.uk

Dr Mark Sloan
mark@sloanhome.co.uk

Dr Rebecca Baron
rebecca.baron@hee.nhs.uk

Course schedule 2021

The next PED course starts with a three-day residential 20 - 22nd October 2021. If this is not possible because of Covid there will be a two-day virtual module and an extra study day instead.

Study days will be on 2nd December 2021, 27th January 2022 and 17th March 2022. The second residential module is planned for 22 - 24th June 2022. The final module will be May 2023.

Course Fees

PED educational costs are supported by HEE and participants are asked to contribute £480 towards the course fees and £50.00 per night towards the residential costs (if they are held). There are additional fees for UCLan registration and for the optional leadership module.

Closing date for applications: 10th September 2021 with priority being given to early applicants.