

# Julia Mullaney Advanced Nurse Practitioner

My name is Julia and I am an ANP. I started out as a HCA in a care home. I used to watch the District Nurses come visiting patients in the home and decided this was my goal, this is what I wanted to do, I wanted to be a District Nursing Sister. I applied to university and commenced my nurse training in 2002 at UCLAN. My goal never changed all the way through and I was successful in securing a place in a district nursing team in Blackburn in my final placement of my nurse training. I started as a community Staff Nurse, with that Sisters post always in my sights and applied for the degree in September 2006. I commenced my Degree in Sept 2007. I then qualified and continued as a DN Sister for almost 6 years and loved every second. I then decided to further my career as a Community Matron which I worked as for over 3 years and then finally successful in securing an ANP role at Darwen Healthcare where I remain today.



My current role is very varied with a wealthy mixture of patient care, leadership, mentoring and service development. I autonomously see patients in clinic who present with a wide variety of acute and chronic health conditions. I have successfully completed the royal college of nursing credentialing process which assesses the background and legitimacy of nurses to practice at an advanced level through assessing their qualifications, experience and competence. This has allowed me to gain formal recognition of my level of expertise and skill in my clinical practice, leadership, education and my research in a way that is recognisable to colleagues, employers, patients and the public. I specialise in the care of frail and palliative patients and play a lead role in frailty for the practice and offer training to the multi-disciplinary team in advanced care planning and care of palliative patients.

I mentor students and junior members of staff and offer coaching and leadership. As practice Teacher and an ambassador for the Training Hub I work closely with managers to ensure learning environments are effective and conducive to provide an opportunity to meet the educational needs of the multi-disciplinary primary care team, bringing together NHS organisations, community, local authorities and education establishments.

I work as the nurse lead for Darwen Primary Care Network, being involved in shaping the provision of service and getting the most out of the services in the community. I work to engage the wider multidisciplinary network to enhance local service provision to improve health outcomes for patients. I have a role in the nurse forums in the Blackburn with Darwen and have been on local strategic teams. I have embraced the role to facilitate nurse involvement across the network to improve working towards a common goal of improving outcomes for patients within the neighbourhood networks.